

Dear Daddy,

I am sure that I've been in your thoughts for quite a while now, and that I am already a big part of your life. Mommy talks to you all the time about me. She says that I am giving her all sorts of feelings, that she dreams about me, that she feels me moving, that she is tired sometimes, and lots more.

Can you hear my heart beat yet? Did you see me clearly during the ultrasound? Do you know if I am a boy or a girl?

You might be asking yourself other questions too. Will I be in good health? What role will you play in my life? Will you be as special to me as Mommy?

Talk to others about these questions. It will help to reassure you. As for me, I don't expect you to be perfect.

Daddy, I hope you are getting excited to see me. I sure am looking forward to you holding me in your arms for the first time.

See you at my birth.

With love from your little baby

An original idea of the:

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