

The Parent Toolkit

Free parent information sessions offered in English for parents of children four and under



Session 1: "Through Your Child's Eyes", Wednesday, September 28, 2011 from 7 to 9 PM

Session 2: "Toolbox for Parents" Wednesday, March 21, 2012 from 7 to 9 PM

Where: Jeffery Hale Pavilion, room 1135. 1270 chemin Sainte-Foy, Québec, G1S 2M6

FREE parking



Jeffery Hale
Community Services

June 2011

- Learn more about normal child development
- Find tools to help you handle difficult behaviours
- Discover ways to stay calm and avoid spanking
- Talk with other parents about ideas and experiences

These workshops are guided by Julie Fraser. A mother herself, Julie has been working with families for 17 years as a psych-educator. She works in an elementary school setting and gives training to daycare workers, teachers, social workers and parents and foster parents on developing children's social skills.

To reserve:
418 684-JEFF (5333), ext. 1580