



Special needs activities and services in English in the Greater Quebec City region



Jeffery Hale

Special Needs

We work with other organizations, such as:

- Centre de Réadaptation en Déficience Intellectuelle de Québec (CRDI);
- Institut de Réadaptation en Déficience Physique de Québec (IRDPO);
- Office des Personnes Handicapées du Québec;
- Special Olympics
- Association de l'Intégration Sociale de Québec, and;
- Various summer camps.

Community Services is located in the Jeffery Hale Pavilion, 1270 chemin Sainte-Foy, Québec, G1S 2M4. Parking is free only for those taking part in group activities.

By bus, take the #7 along Chemin Sainte-Foy, or the #800 or 801 on Boulevard René-Lévesque, then walk down Avenue Holland. Please tell us if getting to the Jeffery Hale is a problem for you.

418 684-JEFF (5333), ext. 1580

Monday to Friday, 8:30 AM - 4:30 PM

If you live in the Greater Quebec City region and would like health and social services in English, please call the Jeffery Hale at:

» **684-JEFF (5333)**
1-888-984-5333 toll-free

- Emergency Room
- Diagnostic Services
- Senior Care
- Community Services (CLSC-type services in English)



Jeffery Hale

418 684-JEFF (5333)
1250, ch. Sainte-Foy
Québec QC G1S 2M6

www.jefferyhale.org



Services and activities for special needs children and adults and their caregivers

Nov. 4, 2011

www.jefferyhale.org





You are not alone

Jeffery Hale Community Services, we offer support to special needs children of any age from newborn right through to adult, and their caregivers.

Our special needs (DI-DP-TED) services are for people who have been diagnosed with :

- An intellectual disability;
- A physical disability;
- Pervasive developmental delay or autistic spectrum disorder;

Services are available to English-speaking people who live on the north shore (03 region) of the Quebec City area and are provided through an agreement with all the CSSSs in this region.

Services for all ages

Our DI-DP-TED social worker provides the following services:

- Does psychosocial follow up;
- Supports families and caregivers, and links to support groups;
- Works with specialized and professional services, such as: IRDPQ, CRDI, Hôtel Dieu du Sacré Coeur;
- Helps access financial benefits for respite and homecare services;
- Refers to community integration programs (school, work, summer camps, community activities and events);
- Works closely with the special educator from our SNACS program (see next column).

SNACS program

SNACS stands for **S**pecial **N**eeds **A**ctivities & **C**ommunity **S**ervices. This program, run by a special educator, has two main objectives:

1. To offer safe and stimulating inclusive activities that encourage socialization while meeting some goals from the intervention plan (IEP);
2. To provide respite for families and caregivers

Friends and siblings are always welcome at SNACS activities, which include:

- Supper with the gang: a life skills-based evening
- Friday night bowling
- Saturday children's activity
- Mom's night out
- After-school homework program in partnership with Quebec High School and the Community Learning Centre
- Volunteer opportunities

The SNACS program is for English-speaking people who live on the north and south shore (regions 03 and 12) of the Quebec City area. For more details on the SNACS program, please visit the What's New page on our website at: jefferyhale.org

How to access these services

If you have a child of any age (newborn to adult) who has been diagnosed with an intellectual or physical disability, or is in the process of being diagnosed, please call Jeffery Hale Community Services. Our intake social worker will assess your needs and refer you to the services you need.

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