



Jeffery Hale

Short colonoscopy (proctoscopy or sigmoidoscopy)

At the pharmacy, buy two (2) bottles of "Fleet" (rectal enema)

The day of the test

- Do the 2 Fleet enemas at 15-minute intervals, one to two hours before the test (do not drink the Fleet, it is for rectal use);
- You can eat a light meal;
- Bring with you a list of the prescribed medications you take (ask your pharmacist).

Your test is on _____ at _____.
(date) (time)

Doctor _____

Please arrive at the Jeffery Hale 30 minutes before your appointment. First, sign in at the reception counter then go to the gastroenterology department on the 2nd floor, room 2-160.

Please bring:

- Your Jeffery Hale hospital card;
- The doctor's prescription;
- A valid Québec health insurance card. If not, you will have to pay for the services you receive and then ask for a refund from the RAMQ.

Questions? Call us at 418 683-2364