



Jeffery Hale

## Blood test appointment

**Date:** \_\_\_\_\_

**Time:** \_\_\_\_\_

### Instructions

- 12 hours fasting;
- 12 hours without alcohol;
- Water is permitted anytime;
- Please go directly to the lab test centre reception;
- Please bring:
  - Your Jeffery Hale hospital card;
  - The doctor's prescription;
  - A valid Québec health insurance card. If not, you will have to pay for the services you receive and then ask for a refund from the RAMQ.

Appointment Centre and Outpatient Clinic  
418 683-2364

To make an appointment, please call the above number during opening hours:  
Monday to Friday, 9:00 to 11:00 a.m - 1:30 to 3:00 p.m.

Thank you!