



A variety of services and activities to brighten your world



# Jeffery Hale

## Let us brighten your world

Jeffery Hale Community Services has a wide variety of services and activities to help brighten a senior's world and ease caregivers' worries.

Be sure to ask about our:

- Games Day
- Footcare
- Frozen Meals
- In-home Stimulation
- Living Room
- Nursing care
- Respite and convalescence
- Telephone Check In
- Transportation (if a volunteer is available)
- Walking Club
- Wellness Clinics
- "With a Little Help from My Friends" caregiver support
- and much more.

For more details, please call Jeffery Hale Community Services at:

**418 684-JEFF (5333), ext. 1580**  
Community Services, in the Jeffery Hale Pavilion, is open Monday to Friday, 8:30 AM - 4:30 PM

## One number

If you live in the Greater Quebec City region and would like health and social services in English, please call the Jeffery Hale at:

» **418 684-JEFF (5333)**  
1 888 984-5333 toll-free

- Emergency room
- Diagnostic services
- Geriatric services
- Community services in English (formerly known as Holland Centre)



## Jeffery Hale

418 684-JEFF (5333)  
1250, ch. Sainte-Foy  
Québec QC G1S 2M6

[www.jefferyhale.org](http://www.jefferyhale.org)

## Living Room Outreach



A program for older adults in transition for Saint Brigid's Home

01/22/2008

[www.jefferyhale.org](http://www.jefferyhale.org)





## What is the LROP?

The Living Room Outreach program (LROP) is for English-speaking seniors who are staying in a transition bed while awaiting their place at Saint Brigid's Home.

Transition beds provide a caring, safe and temporary living milieu for seniors waiting long-term care placement at a public residence such as Saint Brigid's Home.

The LROP enhances this living milieu by offering seniors global stimulation in English in order to bring them these benefits:

- create a link for them between community and long-term care living;
- meet their cultural and linguistic needs;
- help them maintain autonomy until their place at Saint Brigid's Home becomes available.

## How does it work?

A staff person from the Day Centre visits the client staying in a transition bed to evaluate their abilities and interests. We then plan a global stimulation program tailored just for them.

The staff member also assesses whether our in-house Living Room program at Jeffery Hale Community Services would be better suited for the client. If so, we will arrange for adapted transport to our centre.

If the client is not able to make the trip to the Jeffery Hale, one of our Special Care Counsellors visits the client each week where they are living. Together, the client and the staff member carry out these well-planned activities.

## The activity plan

The team of staff at Jeffery Hale's Day Centre includes Special Care Counsellors. They specialize in creating a plan of activities that is adapted to each client's own unique needs.

Family is also an important part of this program. After each visit, our Special Care Counsellor will call a member of the client's family to share the day's activities.

We welcome any details from family about their loved one that can help us to tailor a very special and rewarding experience just for them.

The range of activities is as diverse as are the clients themselves, and include:

- talking about the client's past,
- playing cards,
- giving a manicure,
- doing crossword puzzles, and so forth.

All Living Room Outreach activities are in English. Call us today for more information.

## How to sign up for the Living Room Outreach program

It is possible that a person staying in a transition bed will be contacted directly by a member of our team. Clients, their families or health professionals, can also apply by calling Community Services in the Jeffery Hale Pavilion at:

**418 684-JEFF (5333), ext. 1580**  
Monday to Friday, 8:30 AM - 4:30 PM